

Logistics

Pre-Departure Timeline:

2 months	Confirm dates with MGH GH/Uganda Team
1-2 months	Make travel & accommodation arrangements
1-2 months	Visit travel clinic: vaccines, antibiotics, antimalarials
1 month	MedJet Insurance
1 month	Receive Uganda reading from MGH GH
1-2 days	Bring US cash in good condition and dated after 2008

Getting to Uganda

There are several options though most fly KLM. KLM flights go via Amsterdam and Kigali and will arrive at night.

Upon Arrival in Entebbe

You will obtain your visa at customs upon arrival in Entebbe. Costs for visa will be \$50 (double check if not a U.S. citizen). Pay in cash with bills dated after 2008 and in good condition. Your driver will be waiting with a sign with your name on it. If you arrive at night, you will spend the night in Entebbe. Make sure these accommodations are booked ahead of time. You can change money at the airport but make sure to bring extra cash just in case ATMs are not working. There will be ATMs in Mbarara.

Travel from Entebbe to Mbarara

A driver will pick you up from the hotel and drive you to Mbarara. The drive will take 4-5 hours. You can stop at the equator for lunch and a photo.

Weather

60-85 degrees Fahrenheit all year long.
Rainy season: Aug-Nov & March-May

*To call Uganda from U.S.: Dial +256, omit the 0, and dial the number.

*To call Uganda from Uganda: Omit country code, start with a 0, and dial.

Basics

Packing List

Comfortable clothes and shoes for play/leisure
Professional attire for work (business dress)
~*Women (in city)*: business-appropriate skirts/dresses at or below the knee, modest blouses/shirts, nice pants
~*Women (in village)*: Skirts below the knee, no pants, covered shoulders
~*Men*: Shirt, tie, nice pants/slacks
Computer/Camera/Chargers/Adapters
Flashlight/Extra batteries
Stethoscope/Medical references/White coat
Hand sanitizer
Baby wipes
Mosquito repellent
Sunglasses/sunscreen/raingear (if in rainy season)

Key Contacts*

Ryan Carroll, Program Director
+256 (0) 774.325.853
rcarroll4@mgh.harvard.edu

Annet Kembabazi, Program Manager
+256 (0) 782.027.158
akembabazi2005@gmail.com

Pauline Namusimbi, Guesthouse Manager
+256 (0) 782.351.919
+256 (0) 702.351.919
namusimbip@yahoo.com